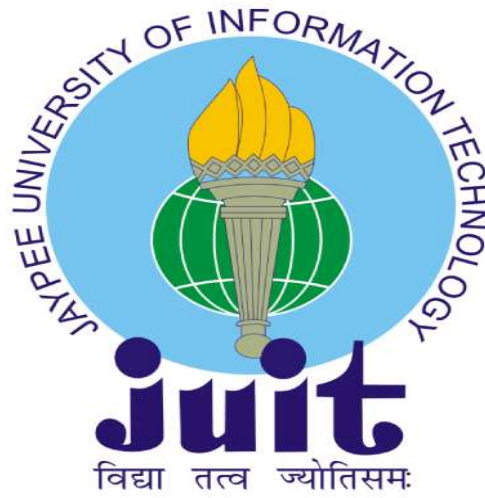




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## **MARATHON REPORT**

### **2<sup>ND</sup> November 2025**

## **REPORT ON MARATHON/WALKATHON ORGANISED UNDER NASHA MukT BHARAT ABHIYAN**

### **1. Introduction**

As part of the 5th anniversary celebration of the Nasha MukT Bharat Abhiyan (NMBA), the Sports Club organised a Marathon/Walkathon on 2nd November 2025. The event was conducted to promote awareness about the importance of a drug-free lifestyle and to encourage physical fitness among youth.

### **2. Event Details**

- Date: 2nd November 2025
- Time: 6:30 AM
- Starting Point: Vivekananda Statue
- End Point: Football Ground
- Organised By: Sports Club under NMBA

The Registrar and Dean of students Brigadier Dr. RK Sharma, along with Dr. Neena Jindal and sports coach Mrs. Nisha Hooda graced the occasion with their presence, along with the participants assembled at the Vivekananda Statue early in the morning. A brief awareness talk was

given before the commencement, highlighting the role of NMBA in curbing substance abuse and guiding youth towards healthier choices.

### 3. Objectives

The primary objectives of the event were:

- To promote awareness against substance abuse.
- To encourage students to adopt healthy habits and active living.
- To commemorate the completion of five years of NMBA.
- To foster teamwork, discipline, and community engagement.

### 4. Programme Highlights

The marathon/walkathon began at 6:30 AM as participants started from the Vivekananda Statue and proceeded towards the Football Ground. The event was conducted smoothly, with all participants completing the route cheerfully. The activity offered an opportunity for students and staff to come together and reflect on the importance of building a healthy, responsible, and drug-free community.



## 5. Outcome

The event succeeded in generating awareness about the negative impacts of drugs and highlighted the need for collective action against substance abuse. The participants appreciated the initiative and expressed enthusiasm for future awareness activities.

## 6. Conclusion

The Marathon/Walkathon organised under the NMBA 5th anniversary celebration was a worthwhile effort. It reinforced the core message of leading a drug-free life while promoting fitness and unity. The initiative strengthened the resolve of participants to contribute towards building a Nasha Mukht Bharat.

